

Daily Nature Play for Kids

June 2020



Hi! My name is Reddy Red-tail and I can't wait to spend the summer exploring with you!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 WRITE Dip a stick in water and paint letters on the sidewalk.	2 DISCOVER Listen to birds in the morning and evening. When do they sing the loudest?	3 CREATE Draw a face on paper but use real leaves and twigs for hair.	4 PLAY Collect sticks and stones to play tic-tac-toe.	5 SING Sing "Old MacDonald had a farm" like he had woods too! What sounds do birds, frogs and squirrels make?	6 FIND Look for things that are smooth, then look for things that are bumpy.
7 WRITE Gather rocks and paint a letter on each one. Can you spell a word?	8 DISCOVER Watch a sunrise and sunset. Where is the sun at each time?	9 CREATE Make something that flies.	10 PLAY Play follow the leader as if you were a rabbit.	11 SING Listen outside for sounds. Can you make the same sounds?	12 FIND Look for things that are tiny, then look for things that are huge.	13 WRITE Take a walk and point at things that start with A, B, C... to Z.
14 DISCOVER Smell a flower, grass, mud and a tree. Do they smell the same?	15 CREATE Make a crown from flowers, grass and twigs.	16 PLAY Build a fort.	17 SING Sing "Twinkle, Twinkle Little Star" under the moon.	18 FIND Look for things that are soft, then look for things that are prickly.	19 WRITE Write your name out of leaves and sticks. Can you make each letter from different leaves?	20 DISCOVER Find the coolest spot in your yard. Where is it?
21 CREATE Plant a seed.	22 PLAY Balance on a log or create a line of sticks to pretend it is a fallen tree.	23 SING Find sticks of all sizes and play the drums on things in a yard or park.	24 FIND Look for things that are bendy, then look for things that snap.	25 WRITE Write what your life would be like if you were your favorite animal.	26 DISCOVER Look at the clouds. What are some shapes you see?	27 CREATE Draw a picture of your favorite animal. Where does it live?
28 PLAY Play "I Spy" using only plants and animals you see in a park or garden.	29 SING Look for a spider web and sing "Itsy Bitsy Spider."	30 FIND Look for things that are squishy, then look for things that are hard.				

Trail maps to forests, prairies, and wetlands are at www.fortheland.org

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It's time to play,
every day,
under the sky,
I'll see you outside!

SUNDAY		MONDAY		TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5	RHYME	6	COUNT	7	CREATE	1	CREATE	2	PLAY
How many words can you rhyme with "tree"?		Stack rocks and see how many you can add before the tower falls. Try different size rocks!		Draw a map of your backyard or favorite park. Can you mark where sounds are too?		Gather a handful of soil and add water. How big of a shape can you make?		Put rocks or seeds in a cup and shake it to your favorite song.	
12	COUNT	13	CREATE	14	PLAY	8	PLAY	9	SING
Find two different flowers and count their petals.		Build something that floats.		On a sunny day, use your hands to make shadow puppets.		Lie on a blanket and read a book.		Make up a song about two animals. What happens if another animal joins them?	
19	CREATE	20	PLAY	21	SING	15	SING	16	EXPLORE
Make something using 5 different things you see outside. Try adding 5 more!		Draw on the sidewalk with chalk.		Sing your favorite song as if you were a bee, then sing as if you were a bear.		Sing "Row, Row, Row Your Boat" on an imaginary boat.		Look for signs of animals like feathers, tracks, a nest, or hole.	
26	PLAY	27	SING	28	EXPLORE	22	EXPLORE	23	RHYME
Roll down a hill.		Pretend to be your own echo.		Take a flashlight outside at night and watch the bugs that fly by.		Find a bird's nest and watch to see who visits it.		How many words can you rhyme with "snake"?	
						29	RHYME	30	COUNT
						How many words can you rhyme with "star"?		Sit down outside. How many colors can you see?	
								31	CREATE
								Find a big leaf and draw a face on it. Can you create a family of leaves?	

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RED-TAIL
Land Conservancy